

THINGS TO REMEMBER BEFORE PROCEDURE

- **Nothing** to eat or drink 8 hours before your procedure.
- Take your heart, blood pressure, or lung medications with sips of water.
- Bring asthma inhalers with you.
- Stop plavix, aspirin or aspirin containing products 7 days prior to procedure.
- Stop anti-inflammatory medications (Motrin, Naproxen) 3 days prior to procedure.
- If you are on Coumadin, please get permeation from your prescribing doctor to stop Coumadin 7 days prior to procedure
- Call the clinic if you have a fever, cough or cold.
- **No alcoholic** beverages the night before and the day of procedure.
- Please shower before the procedure.
- Men should be clean-shaven from chin to neck for cervical procedures
- Please wear underwear.
- Please leave valuables at home. The clinic is not responsible for anything lost.
- You must have a responsible driver to take you home. if you're taking a cab, bring someone to accompany you.

The cab driver is not a responsible adult.

- Bring completed questionnaire, MRI's and X-ray's in the day of your procedure. this is your responsibility.

Arrive 30 minutes before your scheduled procedure.

FAILURE TO DO SO MIGHT CAUSE YOUR PROCEDURE TO BE CANCELLED

HOLD FOR 7 DAYS	Aspirin, Coumadin (Warfarin), Plavix
HOLD FOR 3 DAYS	Advil, Aleve, Motrin (Ibuprofen), Mobic, Naprosyn, Voltaren (Arthrotec)
OKAY TO TAKE	Baclofen, Celebrex, Cymbalta, Gabapentin (neurontin), Lyrica, MS Contin\Oxycontin, Percocet, Vicodin/Norco